

**IPF** Internal  
**MEDICON** Medicine  
**2022** Meeting



In Association with:



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COLLEGE of  
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**IPF MEDICON 2022**  
5<sup>th</sup> Annual Conference of  
**Innovative Physicians Forum**  
Organised by: **Innovative Physicians Forum®**

Institutional Members:

Hemwati Nandan Bahuguna  
Medical Education University,  
Uttarakhand, Dehradun (UK)



Mahatma Gandhi University of  
Medical Sciences & Technology  
Jaipur, Rajasthan

With Academic Support From:



**Theme: Holistic Approach to Practice of Medicine: Need of the Hour**

**Saturday 5<sup>th</sup> & Sunday 6<sup>th</sup> November 2022**

**9.00am - 5.00pm**

**Hotel Eros, Nehru Place, New Delhi**

**Accredited by  
Delhi Medical  
Council for  
12 hrs 45 minutes  
of credit hours**





Dear Friends,

On behalf of the organising committee of the **IPF MEDICON 2022**, it is indeed a great pleasure to invite you all to the **5<sup>th</sup> Annual Conference of Innovative Physicians Forum** organised by **Innovative Physicians Forum<sup>®</sup>** in association with **The Royal College of Physicians of Edinburgh**. **Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun, Uttarakhand & Mahatma Gandhi University of Medical Science and Technology, Jaipur** are the institutional member for **IPF MEDICON 2022**. The conference has been scheduled from **Saturday 5<sup>th</sup> & Sunday 6<sup>th</sup> November 2022, Hotel Eros, Nehru Place, New Delhi**.

This annual conference will attempt to provide an academic feast of latest developments in the field of medicine. In addition to providing clinical updates relevant to the practice of medicine, the conference will also provide a platform to our members and fellow physicians to interact and exchange views, and help improve the understanding of medicine. At the same time this conference will also create opportunities for connecting with leaders in the field of medicine from across India & other countries.

This is a known fact that the knowledge and understanding of medicine is changing at a tremendous pace. From basics of pathophysiology to development of newer interventions, the last decade has seen a phenomenal change in the way we look at the subject of medical specialties, sub specialties and super specialties. While on one hand our understanding in the field of molecular biology, genetics, epigenetics and pathophysiology has improved, on the other hand the newer interventional techniques have changed the therapeutic modalities.

**Innovative Physicians Forum<sup>®</sup>**, as the name signifies, has a tremendous potential to focus on research and academics and this will be vividly visible in the conference in the form of Free Papers, Sessions, Posters, Medical Quiz, Orations, State of the Art Lectures and Keynote Addresses. This time we have included a special workshop on Cyber Security for physicians by a renowned Cyber Security expert. We request you all to submit your work and actively participate in the conference.

Hope you all will participate in large number with great enthusiasm and make the conference a big success. 

With best wishes!



**Prof OP Sharma**  
*Patron*



**Dr Meena Chhabra**  
*Organising Chairman*



**Prof JK Sharma**  
*Organising Secretary*



**Dr Puneet Khanna**  
*Scientific Chairman*

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Dr Vikas Maurya



Dr Vinod K Singh



Prof Vinod Ravindran



Dr Vipul Gupta



Dr Vishal Kaura Agarwal



Dr Vivek Handa



Prof Viveka Kumar



Dr Yogesh Porwal

# IPF Internal Medicine Meeting 2022



# IPF MEDICON 2022

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With Academic Support From:



**THEME: HOLISTIC APPROACH TO PRACTICE OF MEDICINE: NEED OF THE HOUR**

Saturday 5<sup>th</sup> & Sunday 6<sup>th</sup> November 2022, 9.00am - 5.00pm  
Hotel Eros, Nehru Place, New Delhi

### Chief Guest



### Justice N. V. Ramana

Former Chief Justice of India

Accredited by Delhi Medical Council for 12 hrs 45 minutes of credit hours

### Guest of Honour



### Prof M L Swarankar

Emeritus Chairperson, MGUMST, Jaipur  
Chairman & Managing Trustee  
IET - Sponsoring Body of MGUMST, Jaipur

### Dr O P Sharma Oration



### Prof Kamlakar Tripathi

Padmashree Awardee  
BHU, Varanasi

### Life Time Achievement Award



### Prof MV Jali

KLES Dr Prabhakar Kore Hospital & MRC  
KAHER  
(To-be-Deemed University)

# IPF MEDICON 2022

## SCIENTIFIC PROGRAMME

### HALL A: SATURDAY, 5<sup>th</sup> NOVEMBER 2022

TIMING	TOPIC	SPEAKERS
08:30 am	<b>Registration</b>	
08:50 am	Setting the Agenda: Scientific Programme Outline	Dr Puneet Khanna
<b>VERTIGO</b> <i>Chairpersons: Dr David Mowle, Prof Satnam Chhabra</i>		
09:00 am - 09:20 am	Central Vertigo - Myths and Answers	Dr Ajay K Vats
09:20 am - 09:40 am	Peripheral Vertigo - The ENT Perspective	Dr Avinash Bijlani
09:40 am - 09:50 am	Q and A	
<b>NEUROLOGY</b> <i>Chairpersons: Prof Chitralkha Khatri Sharma, Prof Anshu Rohtagi</i>		
09:50 am - 10:10 am	Atrial Cardiopathy	Prof PN Renjen
10:10 am - 10:30 am	New Epilepsy / First Seizure	Dr Kathleen White
10:30 am - 10:40 am	Q and A	
<b>DIABETES</b> <i>Chairpersons: Dr Sajid Ansari, Dr Ajoy Tewari</i>		
10:40 am - 11:00 am	Addressing Diabetes: a novel approach with Oral GLP 1 RA	Dr Dheeraj Kapoor
11:00 am - 11:20 am	Interchangeable Biosimilar Insulin-Evidence Vs Benefits	Prof JK Sharma
11:20 am - 11:30 am	Q and A	
<b>KEY NOTE ADDRESS</b> <i>Chairpersons: Prof MV Jali, Prof Sudhir Sachdev</i>		
11:30 am - 11:55 am	Safe Prescribing of Long-Term Steroids	Prof Mark Strachan
<b>PRESIDENTIAL ORATION</b> <i>Chairpersons: Dr Sunil Wadhwa, Dr Dinesh Sharma</i>		
11:55 am - 12:20 pm	Evolving Landscape of Type 2 DM Management	Dr Meena Chhabra
12:20 pm - 1:10 pm	<b>INAUGURATION</b>	
1:10 pm - 1:40 pm	<b>LUNCH</b>	
<b>HOT TOPICS</b> <i>Chairpersons: Dr Sajesh Asokan, Prof Ramakant Dixit, Dr SK Agarwal</i>		
1:40 pm - 2:10 pm	DMC Lecture on Medical Ethics	Dr Girish Tyagi
2:10 pm - 2:30 pm	Morbidity Prevention and Long COVID: Have We Done Enough?	Prof Swati Shrivastava
2:30 pm - 2:50 pm	OSA and Metabolic Syndrome	Prof Puneet Rijhwani
2:50 pm - 3:00 pm	Q and A	
<b>NEPHROLOGY</b> <i>Chairpersons: Dr Yogesh Porwal, Dr Kiran Chhabra</i>		
3:00 pm - 3:20 pm	New Hopes in the Management of CKD	Prof Dinesh Khullar
3:20 pm - 3:40 pm	Anemia of Chronic Diseases	Prof Sunita Aggarwal
3:40 pm - 3:45 pm	Q and A	
<b>CARDIOLOGY</b> <i>Chairpersons: Prof Girish Verma, Dr Padmashri Gulati, Prof Pardeep Aggarwal</i>		
3:45 pm - 4:05 pm	Management of Narrow Complex Tachycardia	Dr Aparna Jaswal
4:05 pm - 4:25 pm	Management of Hypertrophic Obstructive Cardiomyopathy	Prof Suvro Banerjee
4:25 pm - 4:45 pm	Contemporary Management of Heart Failure in 2022	Dr Caroline Scally
4:45 pm - 4:55 pm	Q and A	
4:55 pm - 5:00 pm	<b>Closing Remarks</b>	Dr Puneet Khanna

# IPF MEDICON 2022

## SCIENTIFIC PROGRAMME

**Paper Presentations:** Dr Dheeraj Kapoor, Dr Rohit Kumar, Dr Naresh Sen, Dr Mohit Saran  
**Faculty** Dr Nidhi Uniyal, Dr Anchin Kalia

### HALL B: SATURDAY, 5<sup>th</sup> NOVEMBER 2022

TIMING	TOPIC	SPEAKERS
09:00 am - 10:00 am	Oral Paper Presentation	
<i>Chairpersons: Dr K P Chandra</i>		
10:00 am- 11.00 am	Scientific Writing	Prof Vinod Ravindran Dr Mohit Goyal
<i>Chairpersons: Prof Saurabh Srivastava</i>		
11:00 am - 12:00 pm	Cyber Security for Physicians	Dr CB Sharma IPS (R)
12:00 pm - 03:00 pm	Hall A	
<i>Chairperson: Dr SS Dariya, Dr Dinesh Chaudhary</i>		
03:00 pm - 05:00 pm	IPF Medicine Quiz for PG Students	Dr Mukesh Bhatia



# IPF MEDICON 2022

## SCIENTIFIC PROGRAMME

### HALL A: SUNDAY, 6<sup>th</sup> NOVEMBER 2022

TIMING	TOPIC	SPEAKERS
8:30 am	Registration	
8:50 am	Setting the Agenda: Scientific Programme Outline	Dr Puneet Khanna
<b>GERIATRICS</b> <i>Chairpersons: Dr Pradyuman Sharma, Prof Anil Samaria</i>		
09:00 am - 09:20 am	Dementia : Diagnosis and Management	Dr Milind Desai
09:20 am - 09:40 am	Nutritional Interventions to Stop Alzheimers Disease	Prof Anuj Maheshwari
09:40 am - 9:50 am	Q and A	
<b>RHEUMATOLOGY</b> <i>Chairpersons: Prof Aradhna Singh, Dr Vishal Kaura Agarwal</i>		
09:50 am - 10:10 am	Changing Landscape of RA Management	Prof Uma Kumar
10:10 am - 10:30 am	Improving Pregnancy Outcomes in Rheumatic Diseases: Challenges and Solutions	Prof Vinod Ravindran
10:30 am -10:40 am	Q and A	
<b>CARDIOVASCULAR SYSTEM</b> <i>Chairpersons: Dr Ashok Jain, Prof Mukesh Sarna, Prof Deepak Gupta</i>		
10:40 am - 11:00 am	Lp(A) - A Neglected Risk Marker for ASCVD	Prof JPS Sawhney
11:00 am - 11:20 am	Acute Coronary syndrome : pharmaco invasive and treatment approach	Prof Viveka Kumar
11:20 am - 11:40 am	24x7 Ambulatory BP Monitoring in Health and Disease	Prof Narsingh Verma
11:40 am - 11:50 am	Q and A	
<b>Dr OP SHARMA ORATION</b> <i>Chairpersons: Dr Anil Manchanda, Prof Sandeep Rai</i>		
11:50 am - 12:15 pm	Senescence, Serenity and Sugar	Prof Kamlakar Tripathi
<b>PANEL DISCUSSION</b> <i>Chairpersons: Dr Garima Handa, Dr JS Suri</i>		
12:15 pm - 12:50 pm	<b>Art of Practicing Medicine - Moderator: Dr Puneet Khanna</b>	
	Playing a Long Innings and Avoiding Burnout in Medicine	Dr RK Marya
	Conflict Management Among Physicians	Prof Hem Chandra
	Violence Against Doctors - Who is Responsible ?	Dr Vivek Handa
	Gender Bias in Medicine - Myth or Reality ?	Dr Meena Chhabra
	Breaking Bad News and Communication Errors in ICU	Dr Vinod K Singh
<b>KEY NOTE ADDRESS</b> <i>Chairpersons: Dr Mukesh Mehra, Prof Arvind Kumar</i>		
12:50 pm - 1:15 pm	Is the Physical Examination Dead?	Prof Andrew Elder
1:15 pm - 1:55 pm	<b>LUNCH</b>	
<b>KEY NOTE ADDRESS</b> <i>Chairpersons: Prof VK Arora, Dr Rohit Kapoor</i>		
1:55 pm - 2:20 pm	Preventive Health Strategies - A Wake Up Call	Prof OP Sharma
<b>GASTROENTEROLOGY</b> <i>Chairpersons: Prof Naresh Bansal, Prof Ashish Kumar, Dr Vipul Gupta</i>		
2:20 pm - 2:40 pm	Management of Variceal Bleed	Prof Randhir Sud
2:40 pm - 3:00 pm	Management of NAFLD In 2022	Prof Sandeep Nijhawan
3:00 pm - 3:05 pm	Q and A	
<b>KEY NOTE ADDRESS</b> <i>Chairpersons: Dr AS Rathore, Prof RR Singh</i>		
3:05 pm - 3:30 pm	Prediabetes: New Challenges, Novel Solutions and Future Directions	Dr Ch. Vasanth Kumar
<b>ENDOCRINOLOGY</b> <i>Chairpersons: Dr Deepak G Pande, Dr Girish Khurana, Prof Anubha Srivastava, Prof Snehlata Verma</i>		
3:30 pm - 3:50 pm	Thyroid Disorders and Co-Morbidities	Dr Arvind Gupta
3:50 pm - 4:10 pm	Limb Salvage in People with Peripheral Artery Disease	Prof Vijay Vishwanathan
4:10 pm - 4:30 pm	Difficult Hyperprolactinemia	Dr SK Sharma
4:30 pm - 4:50 pm	When to Suspect and Diagnose Primary Aldosteronism in Clinical Practice	Prof Rajesh Khadgawat
4:50 pm - 5:00 pm	Q and A	
5:00 pm onwards	<b>VALEDICTORY</b>	

**IPF MEDICON 2022****SCIENTIFIC PROGRAMME****HALL B: SUNDAY, 6<sup>th</sup> NOVEMBER 2022**

<b>TIMING</b>	<b>TOPIC</b>	<b>SPEAKERS</b>
<b>09:00 am - 10:00 am</b>	<b>Oral Paper Presentation</b>	
<i>Chairpersons: Prof Mahesh Mishra, Dr Archana Khurana</i>		
10:00 am - 11:00 am	Infection Control Practices and Interpretation of Antibiogram	Dr Shilpi Khanna Dr Ruchika Manchanda
<i>Chairpersons: Prof Deepak Jain, Prof Ravi Kant</i>		
11:00 am - 11:45 am	Diabetic Foot	Prof Vijay Vishwanathan Dr Ashok Damir Dr Pradeep Bageja
<i>Chairpersons: Prof Amitesh Aggarwal, Dr Amit Gupta</i>		
11:45 am - 12:30 pm	Insulin Workshop	Dr Meena Chhabra Dr S Sengupta
<b>12:30 pm - 03:00 pm</b>	<b>Hall A</b>	
<i>Chairperson: Dr Sunil Sharma</i>		
03:00 pm - 04:00 pm	ABC of CBC - from Bench to Bedside	Dr Pradeep Suri Dr Divya Bansal Dr Ruchi Kapoor
<i>Chairpersons: Dr DK Chauhan, Dr Anuradha Gupta</i>		
04:00 pm - 05:00 pm	Interpretation of Arterial Blood Gases, Lung Function Tests and Non Invasive Ventilation	Dr Vikas Maurya Dr Davinder Kundra Dr Vikas Jaiswal

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Treasurer

5<sup>th</sup>-6<sup>th</sup>  
NOVEMBER

**2022**

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